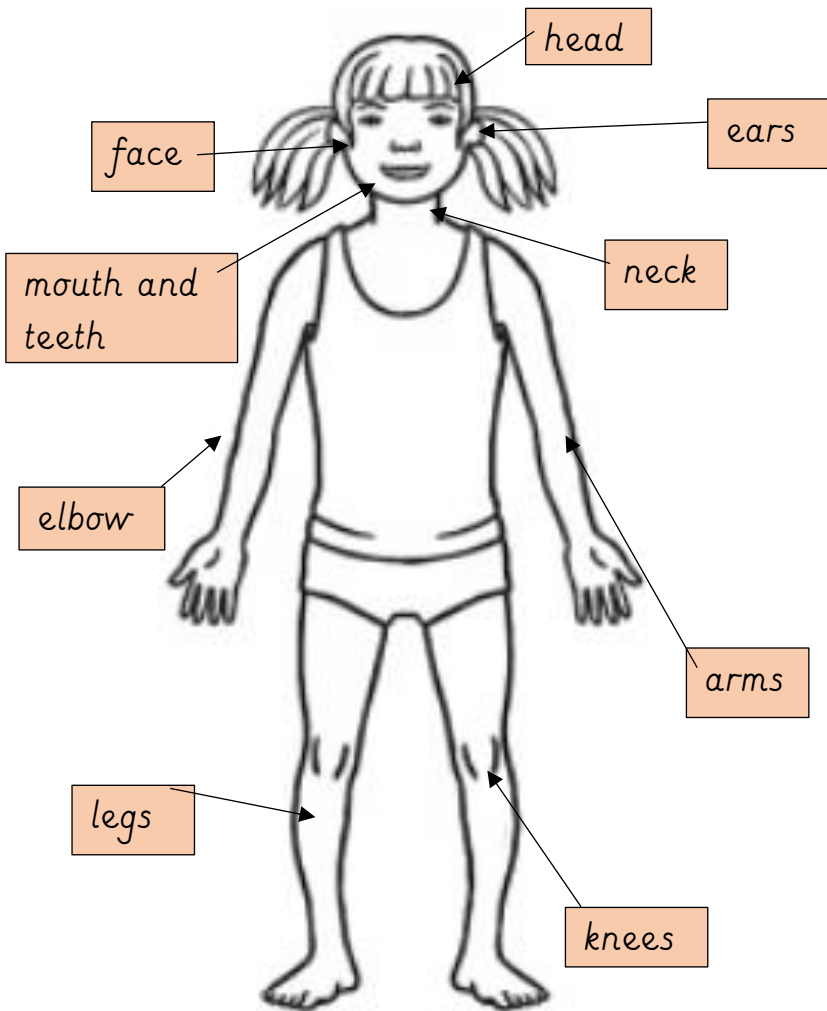


# We Like to Move it, Move it! Key Fact Sheet - Science

Each part of a human body has a different name. Some of the body parts have been labelled for you on the image below. What other body parts do you know?



## Key Vocabulary

unhealthy

If something is unhealthy, it means too much of it will be bad for our body.

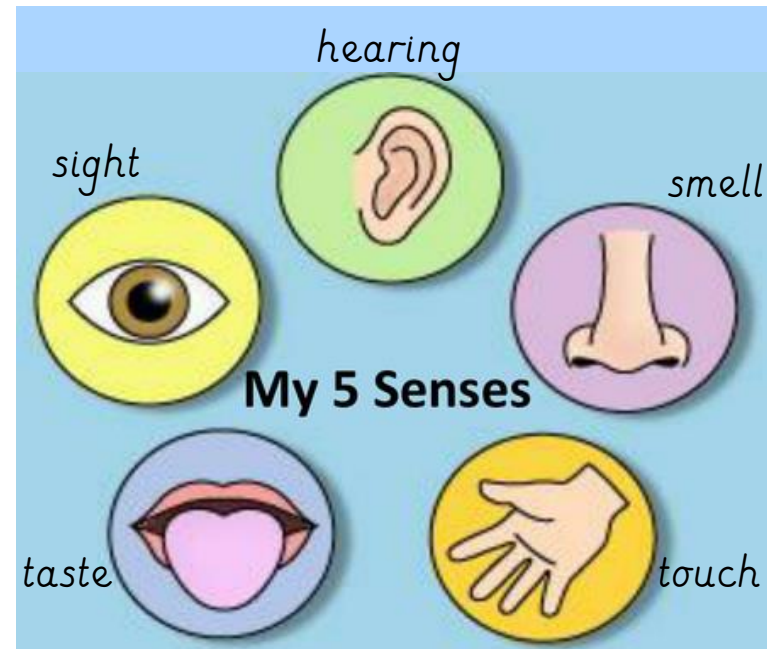
decay

Decay is when our teeth start to fall apart.



A key part of science is asking questions about the unknown and investigating to find out the answers.

We have 5 senses which help us to observe things around us.



# We Like to Move it, Move it! Key Fact Sheet – Design Technology

To keep your body fit and healthy, you should eat 5 portions of fruit or vegetables every day. Each portion should be the size of the palm of your hand.



Our senses of smell and taste help us decide if we think food tastes good or not.

Everyone is different, so some people might like something that you don't.



## Key Vocabulary

improve	To make something better.
safe	Making sure something doesn't hurt you.
equipment	The objects or things you will use.
recipe	The instructions you will follow to cook or bake something.
ingredients	The food you will include to cook or bake something.
clean	To wash something before use.

We must keep safe when using knives:

- Hold it away from the sharp end.
- Never walk or run when holding a knife.

Remember to evaluate products or designs against the design criteria and suggest improvements that could be made.

# We Like to Move it, Move it! Key Fact Sheet – History

A long time ago, hospitals were dirty places and people were not getting better when they became sick. Florence Nightingale and Mary Seacole were two important nurses who helped hospitals and soldiers get better.

## Mary Seacole

- Her mother was from Jamaica and her father was from Scotland.
- She went to the Crimean war to help wounded soldiers.
- She made changes to improve nursing.



The NHS was set up to make sure that everyone in England could have good health care.



## Key Vocabulary

research

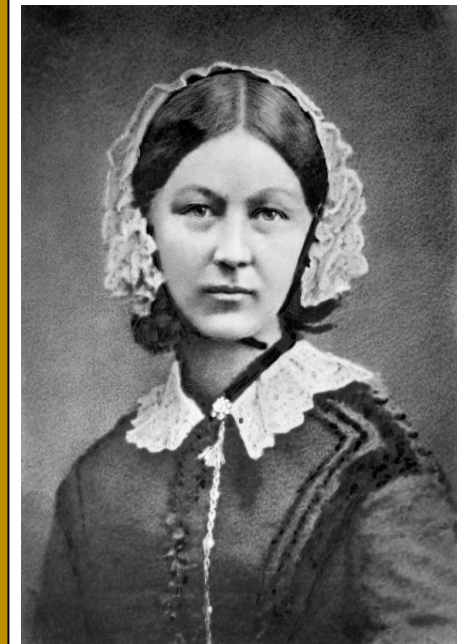
Research is an investigation into something.

NHS

National Health Service. The organisation that keeps us healthy when we get sick or poorly.

## Florence Nightingale

- She went to the Crimean war to nurse wounded soldiers.
- She told others how to make hospitals cleaner.
- She was known as the lady with the lamp.



# We like to move it, move it! Key Fact Sheet – Religion and Worldviews

## Judaism

### Key Question:

Is Shabbat important to Jewish children?

Why is the Torah important to Jews?



Torah

Some of the facts about the weekly celebration of Shabbat include the following:

- Begins on a Friday evening and lasts until sunset on Saturday.
- It is a time for family and community.
- Most Jews will not do any work during this time.
- The house is often cleaned and tidied before and candles placed on the dining table.
- The family will have a meal together to celebrate.

## Key Vocabulary

Judaism	The religion of Jewish people.
Jews	The name of a follower of Judaism.
beliefs	Having trust or faith in something, like God.
different	Things that are not the same.
culture	The beliefs and customs of a group of people.
religion	Belief in a God or Gods.
worldview	How you see the world in your eyes.
Sabbath	The holy day of rest of most Jews.
Shabbat	The name of the day of rest and worship in Judaism.
celebration	The action of celebrating an important event.



The Torah is the holy book for Jews. Most Jewish people believe that it was given to them by God, who gave it to Moses.

