



CANFORD HEATH INFANT and JUNIOR SCHOOLS

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TEACH Trust Poole

Trust Excellence Aspiration Collaboration Honesty

Article 29: Your education should help you use and develop your talents and abilities

Thursday 9th October 2025

Dear Parents/Carers,

WHOLE SCHOOL – MINDFULNESS CLUB

We are pleased to inform you that we are planning to run an exciting Mindfulness Club for Autumn 2, which will take place on Monday afternoons from 3:00-4:00pm with Mrs Fleet/Mrs Gourlay. The children will be given the opportunity to take part in a variety of mindfulness activities, including using musical instruments, taking part in craft activities and playing games. The club will cost £24 for 6 sessions.

If your child is interested in participating, we kindly ask that you complete the following registration of interest form:

<https://forms.office.com/e/s7Zs5xMWpS>

The deadline to submit this form is **8am on Wednesday 15th October.**

Please note that completing the form does not guarantee a place, as spaces may be limited. You will be notified by **Friday 17th October** whether your child has been allocated a place in the club.

If your child is offered a place, the club will be added to your Arbor account under the 'Clubs' section, where payment can then be made to secure the place.

Thank you for your interest and continued support.

Yours faithfully

E Fleet

E. Fleet

Clubs Lead



Canford Heath Infant School

Canford Heath Junior School



[canford_heath_infant_school](https://www.instagram.com/canford_heath_infant_school)

[canford_heath_junior_school](https://www.instagram.com/canford_heath_junior_school)

