



CANFORD HEATH INFANT and JUNIOR SCHOOLS

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TEACH Trust Poole

Trust Excellence Aspiration Collaboration Honesty

Article 28: Children have a right to a primary education.

28th November 2025

Dear parents/carers,

I just wanted to take this opportunity to share with you that, this year, we have added further enrichment to our provision for children's mental health and well-being in school. This is a real priority of ours as we strive to support all of our children to the very best of our ability as they grow and learn.

As well as continuing to have a full time Pastoral Care Worker, an Emotional Literacy Support Assistant, and a curriculum that actively teaches and promotes healthy lives in all forms and incorporates Trickbox strategies, we have also invested in Stormbreak training and resources.

Stormbreak is a primary school emotional wellbeing programme which empowers us to support childrens' mental and physical health through movement and carefully planned conversation. Our staff training on this programme is well underway and we have been trying out 'Stormbreaks' in our assemblies and classrooms already with incredibly positive feedback and results from both our children and staff.

If you want to know more about this enrichment, Stormbreak have an excellent website which explains more about it: <https://stormbreak.org.uk>

Thank you very much.

Laurin Palmer
Headteacher

