



CANFORD HEATH INFANT and JUNIOR SCHOOLS

Learoyd Road, Canford Heath, Poole, BH17 8PJ

Dear Parents and Carers,

WALK TO SCHOOL WEEK: MONDAY 15th MAY to FRIDAY 19th MAY 2023

We are pleased to announce that we will be taking part in the national **Walk to School Week** beginning on Monday 15th May 2023.

This year's five-day walking challenge, brought to you by Living Streets, challenges us to travel sustainably (walk, scoot, cycle or park and stride) to school every day for one week using our fun and interactive wallchart and stickers to log the journeys.

To ensure that your sustainable travel is full of fun, we have some suggested activities for you to participate in together – a different one for each day of Walk to School Week:

Monday 15th May - Hunt for Colour. How many colours of the rainbow can you spot on your way to school?

Tuesday 16th May - Take a Sensory Walk. See what you can see, smell, hear or touch along the way to school?

Wednesday 17th May - Meet Dexter the Dog (waiting on confirmation) at the Pilot pub at 8.05am and then start the walk to the school together at 8.20am. Every child that joins us will be entered into a prize draw to win a family swimming session!

Thursday 18th May - Meet PATCH the Puppy at the Co-op Shop Oakdale at 8.15am and then start the walk to the school together at 8.20am. Every child that joins us will be entered into a prize draw to win a family swimming session!

Friday 19th May - Join us for our Fun Run Extravaganza, 3.15pm onwards! 1K, 3K or 5K runs on the Junior school field. There'll be refreshment & fitness stalls, face painting & balloon modelling also Mr. Roast will be our DJ and keeping motivation high. Sign up at [pta-events.com/patchpoole](https://events.com/patchpoole). See below for more information.

We would love to see as many of you as possible joining in with this exciting event! We can't wait to see how many journeys we can achieve as a school. Look out for our photos and updates on social media of our sustainable travel.

Remember to stay safe especially when crossing roads and remember to wear a helmet if you are cycling to school.

We look forward to seeing you taking part starting on Monday 15th May 2023.



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PATCH Fun Run Extravaganza!!

As mentioned above, on Friday 19th May 2023, in collaboration with Walk to School week, we're getting warmed up for our PATCH Fun Run and we really hope you can join us! PATCH are hosting our first fun run featuring **1K, 3K or 5K** runs!

All runs will be family friendly and start at different times throughout the afternoon.

1K Run will begin at 3.45pm. This run is recommended for any under 5's that would like to take part, pushchairs & prams are welcome. Also, we would love to extend the offer to any participants with wheelchairs, mobility scooters and Zimmer frames for this run. Warm up will take place at 3.30pm.

3K & 5K Runs will begin at 4.15pm. These runs are recommended for more experienced runners and participants over the age of 5, however any one is welcome to take part and give it a go. Warm up will take place at 4pm.

For an entry cost of £3 you will receive a bottle of water (however we recommend you also supply your own), a personalised race number, a medal, first aid support and a warm up with a qualified PT. Fancy dress and bright colours are encouraged but not necessary!

Please sign up and get your race number at www.pta-events.co.uk/patchpoole

Our Extravaganza event will start from 3.15pm and there will be refreshment stalls, health and fitness stalls, face painting, balloon modelling and our very own DJ Roast stationed around the playground, so please come and support the event even if you don't fancy running!

Many thanks

The PATCH and Friends Team